

September 2026



DPAC Pulse

Newsletter from the SD43 District Parent Advisory Council



The Hazel Trembath PAC celebrated with SD43 Trustees at the recent ground breaking for Hazel Trembath.

Presidents Corner

Welcome Back, Parents & Caregivers!

We hope you had a fabulous summer and that your children are settling back into their school routines.

Here at DPAC, we're excited for the new school year and have some fantastic speakers planned!

Our first DPAC meeting is in person on September 16th, and we'd love to see both new and returning DPAC representatives faces. Come a little early at 6:30 PM for a chance to chat with the DPAC executive team and other PAC representatives. Light refreshments and snacks will be served.



NEXT DPAC MEETING



Welcome Back Social &
Leah Coss from Build a
Biz Kids
&
Carol Todd
Online Safety Resources

September 16
Social starts at 6:30 pm
Meeting starts at 7:00 pm
at the ELC
1080 Winslow Ave, Coq

Then, on September 24th, we'll be hosting our online PAC 101 session, making it easier for more parents and caregivers to join us and learn more about being on a PAC and some best practices. This is a great opportunity to learn or refresh your memory on topics like how to run a meeting, constitutions and bylaws and the Treasurer role.

We wish you and your families a fabulous start to the new school year!

We look forward to connecting with you and working together to make this another great year for our students and school communities.

See you on September 16th!

Warmly,
Jamie Manchester
DPAC President
president@dpac43.ca
www.dpac43.ca

How can the DPAC help your PAC?

Is there any way you would like the DPAC to support the work that your PAC does? Please let us know by sending an email to office@dpac43.ca. Meanwhile, you can follow DPAC on Facebook at DPAC 43- District Parent Advisor Council to stay up to date on things happening with DPAC and the school district as a whole. Also check out our website at www.dpac43.ca for links to useful information.



Help Kids Get **FUTURE READY**

And Raise a Flat **40%**
For Your School

**Design a Fundraising Program
That You Love**

- ✓ No Sign Up Fees
- ✓ No Products to Handle
- ✓ Student & Class Incentives
- ✓ Student Sales Support
- ✓ Easy - Keep 40% of Every Sale

**BUILD
a BIZ KIDS**

Get Kids Future-Ready While Also Earning 40% For Your School!

Imagine your child getting real-world, hands-on learning on topics that YOU wish you learned as a kid?!?

We are very excited to be able to share our BizKids Pilot Fundraising Program exclusively with SD43 schools.

Help us build your DREAM Fundraising program and be ready to launch it in your schools by November 2026.

We want this program to work with you, and grow year after year.

- * Since Earning Structure - Earn 40% on all Sales
- * No Physical Products - No pick ups, deliveries, or order taking
- * No Fees To Get Started
- * Exciting Sales Incentives

We look forward to working with you, and for you

Leah Coss
CEO & Executive Director

604.313.9996

Build a Biz Kids

Registered Charity - BizKids Practical Education ASSN

<https://buildabizkids.com>



DPAC MEETINGS

Sept 16 - in Person

Sept 24 - Online
(PAC 101)

Oct 28 - In Person

Nov 25 - Online

Jan 27 - Online

Feb 24 - Online

March 31 - Online

April 28 - In Person

May 26 - In Person
(AGM)



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Better health. Best in health care.

FRASER HEALTH - HEALTH BACK TO SCHOOL GUIDE

Prioritize Sleep

Check out these tips for helping student adopt better sleep habits

Eat Well

Check out these tips for health eating in a hurry

Boost Immunity

Learn more about immunizations for school-aged kids and how to book an appointment

Prioritize Dental, Vision and Hearing Checks

Find information on child health screenings and how to access free vision, hearing and dental exams

Keep Active

Encourage and model health screen time behaviours and play outside as much as possible for overall well-being.

Make Time for Talking and Connection

Help your child cope with these tips on managing anxiety in children and youth

Have a concern about your child's health?

Speak to a registered nurse or registered dietitian from Fraser Health Virtual Care

- Fraser Health Virtual Care: 1-800-314-0999
- Available daily from 10 a.m. to 10 p.m.

<https://www.fraserhealth.ca/health-topics-a-to-z/school-health/your-healthy-back-to-school-guide>