

November 2023



DPAC Pulse

Newsletter from the SD43 District Parent Advisory Council



Please send your beautiful scenic pictures of locations in our SD43 School District to newsletter@dpac43.ca and you could be in our next newsletter.

Executive Updates

November 29, 2023: DPAC General Meeting, via Zoom at 7pm

HOW CAN THE DPAC HELP YOUR PAC?

Is there any way you would like DPAC to support the work that your PAC does? Please let us know by sending an email to office@dpac43.ca.

Meanwhile, you can follow DPAC on Facebook at [DPAC 43 - District Parent Advisory Council](#) to stay up to date on things happening with DPAC and the school district as a whole. Also, check out our website at www.dpac43.ca for links to other useful information.

President's Corner

by Rosey Manhas

As we near the end of November, I reflect on the accomplishments we have achieved together.

In the face of the intense and stressful situation with the fire at Hazel Trembath, the district revealed its extraordinary resilience and unity. In a short span of time, the community displayed an inspiring level of cooperation and support. Neighbours turned into everyday heroes, assisting one another in every way possible. Despite the chaos, the district's strength shone through, emphasizing the remarkable capacity of communities to come together in times of crisis. Watching all this unfold and trying to help where possible makes me proud to be a part of SD43!



With the winter break before us, let's take this time to appreciate our collective efforts and recharge for the challenges and opportunities that lie ahead.

We are excited to have Krista Parr, a Registered Holistic Nutritionist joining us at our next general meeting on Nov 29th.

In the new year, we hope to add presentations in Mental Health, Indigenous Education, and other topics that interest our community. If there's a specific topic you would like information on, feel free to let us know.

During the last board meeting, the elections for Board Chair and Vice Chair took place. Congratulations to Michael Thomas on his re-election as Board Chair and to Carol Brodie, the successful candidate who will take on the role of Vice Chair, succeeding Trustee Woods.

Following the winter break, we will soon engage in the budget process for the upcoming year, and we appreciate your input regarding any concerns or considerations you might have.

I would like to wish you all a restful and joyous holiday season.

Holistic Nutrition

Krista A. Parr, Registered Holistic Nutritionist



Krista believes that one size does not fit all, and unique individuals have unique nutritional needs. She graduated from the Canadian School of Natural Nutrition in 2013.

Since earning her diploma she has dedicated herself to specializing in supporting women on their fertility journeys, both before and after birth, via nutrition. She loves to teach and do in-home cooking sessions with clients to help them feel confident in the kitchen.